



Event Number 3  
of EPOC's Calderdale Hub  
"Moving with a Map" Spring Series

Wed 15th May 2024

Venue: Dixon Scar

Sowerby Bridge

FINAL DETAILS

**Event Centre:** Sowerby Bridge Cricket Club, Walton Street, Sowerby Bridge

[Post Code HX6 1AN](#) [Map Ref SE055236](#) [What3words //opera.refuse.combining](#)

**Parking:** On Walton Street, with overflow 100 yards away at Tesco. (From Walton St go under rail bridge, 1<sup>st</sup> right, north on Sowerby New Rd with 3 hrs free parking)

**Public Transport:** Sowerby Bridge station 10mins walk, Buses 579,590,591,592

**Courses:**

Course	Distance (km)	Climb (m)	What to expect
Yellow	1.1	50	Suitable for Beginners and Juniors
Red	3.0 + 1.5	150	3.0km Long, easy navigation, suitable for runners. Add a 1.5km Green lap to this after if you fancy more challenge
Green	1,2 or 3 Laps of 1.5	125	

**Terrain:** Park with some steep woodland, cliffs, contour detail, sports areas, allotments and a cemetery.

**Map:** New survey 2024. 1:4000 5m contours.

**Entries:** Through the Racesignup entry page up to 2 days before the event

<https://racesignup.co.uk/site/event.php?eventid=4259>

**Entry Fees:** Senior £5.00, Young Adult (21-25) £3.50, Junior £2.

Includes free tea/coffee, squash after your run.

**Entry on the Day:** Available subject to map availability

**Start:** Open punching starts between 6 and 7pm

**Finish:** Courses close at 8pm

**Safety:** A comprehensive risk assessment will be carried out by the organiser. The risks associated with competing in an outdoor environment are significant and need to be taken seriously by all competitors who take part at their own risk and are responsible for their own safety. Parents are particularly asked to emphasise these points with their children.

If you have a medical condition that first aiders should know about in an emergency, please contact the organiser with details, before/at the event before your run, in confidence. These details will only be used for the purposes of this event and will be deleted/destroyed afterwards.

**Insurance:** Members and Non members of British Orienteering are covered by our public liability insurance.

Please ask any of our club officials for more information if you would like to join EPOC and British Orienteering.

**Organiser: Helen Pedley**

**Contact email: helenp@talktalk.net**

**Planner:Jonathan Emberton**